

Name	Rashid Iqbal
Area of Expertise	Community Medicine
Department	Community Medicine
Designation	HOD Community Medicine

HONOURS: Gold Medal in 3rd Professional MBBS (Academics)

HOD OF Community medicine in MCM

1st April 2010 Till date :

Job: Department of Community Health Sciences. Rehman Medical College.
Peshawar

Title: Professor & Chairman of Community Health Sciences.

Duties:

1. Administration of the Department.
2. Integrated Modular Curriculum Development .
3. Facilitator in Small Group Format & Tutorials.
4. Lecturer in Large Group Format.
5. Designing Lesson Plans, Problem based learning & Assessment tools.
6. Supervisor of the Community Field visits.

7. Supervisor of students in their Seminar presentations.
8. Supervisor of students in the Community Research projects
9. Supervisor of students in the Public Health & Skill Development Laboratory.

28 June 2008 - 1st April 2010 :

Job: Department of Community Medicine, Khyber Girls Medical College, Peshawar.

Title: Professor & Chairman of Community Medicine.

Duties:

1. Administration of the Department.
2. Lectures from 1st year to 4th year MBBS
3. Supervision of their Research Projects.
4. Examiner of 4th year MBBS. {Internal and External}
5. Evaluate 4th year MBBS students in their field visits.
6. Supervise students in their Seminar presentations.
7. Collaborate with WHO, UNICEF, World Bank, GTZ and other NGOs in the training of Doctors, Nurses and Health workers and their Curriculum development as Facilitator and Guest speaker.
8. Member of the Editorial board and peer review committees of Medical Journals.

09 Oct 2007- 28 June 2008

Job: Department of Community Medicine. Khyber Girls Medical College.

Peshawar

Title: Associate Professor

Duties:

1. Administration of the Department.
2. Lectures to 3rd year and 4th year MBBS
3. Supervision of their Research Projects.
4. Examiner of 4th year MBBS. {Internal and External}
5. Evaluate 4th year MBBS students in their field visits
6. Supervise students in their Seminar presentations.
7. Collaborate with WHO, UNICEF, World Bank, GTZ and other NGOs in the training of Doctors, Nurses and Health workers and their Curriculum development as Facilitator and Guest speaker.
8. Collaborate with Medical journals in the peer review of the articles.

11 Oct Dec 1995- 09 Oct 2007

Job: Department of Community Medicine,
Khyber Medical College

Title: Assistant Professor

Duties:

1. Lectures to 3rd year and 4th year MBBS
2. Supervision of their Research Projects.
3. Examiner of 4th year MBBS. {Internal and External}
4. Evaluate 4th year MBBS students in their field visits
5. Supervise students in their Seminar presentations.

6. Collaborate with WHO, UNICEF, World Bank, GTZ and other NGOs in the training of Doctors, Nurses and Health workers and their Curriculum development as Facilitator and Guest speaker

25 Nov 1990 – 11 Oct 1995

Job: Department of Community Medicine,
Khyber Medical College Peshawar

Title: Lecturer

Duties:

1. Lectures to 3rd year and 4th year MBBS
2. Supervision of their Research Projects.
3. Evaluate 4th year MBBS students in their field visits

08 Dec 1987- 25 Nov 1990

Job: Department of Pathology,
Khyber Medical College Peshawar.

Title: Lecturer

Duties:

1. Lectures in Pathology.
2. Practical Demonstrations in Microbiology, Hematology, Chemical Pathology & Histopathology.

25th Mar 1985- 07 Dec 1987

Job: Medical Unit {Prof. Siraj ud din}. Khyber Teaching Hospital, Peshawar.

Title: Medical Registrar.

Duties:

1. Administrative Duties.
2. Attending General Medicine & Cardiology emergencies.
3. Management of patients in the outpatient and inpatient settings.

19 Sept 1981- 19 Dec 1983

Job: Medical Squadron, Pakistan Air Force Academy, Risalpur

Title: Flight Lieutenant

Duties:

1. Administrative duties
2. Medical cover to the Air Force personnel and their families.

23 Feb 1981 – 22 Aug 1981

Job: Medical Unit {Prof Alaf Khan}, Lady Reading Hospital, Peshawar.

Title: House Officer.

Duties: Management of Acute and Chronic Medical Cases and their follow-up in the outpatient and inpatient departments.

23 Aug 1980 – 22 Feb 1981

Job: Surgical Unit {Prof Rahim Gul}, Lady Reading Hospital, Peshawar.

Title: House Officer.

Duties: Management of Acute and Chronic Surgical Cases and their follow up in the outpatient and inpatient departments.

PUBLICATIONS

1. Sethi S, Sethi MJ, Iqbal R, Khan T. Pattern of Common Eye Diseases in Children Attending Outpatient Eye Department, Khyber Teaching Hospital, Peshawar. J. Med. Sci. (Peshawar, Print) July 2008: 16(2) 98-101
 2. Iqbal R, Sethi MJ, Sethi S. Frequency of Vitamin A Deficiency in Children of age 6 months to 72 months at the Outpatient Ophthalmology Department of Agency Headquarter Hospital Landikotal, Khyber Agency. JPML. Jan - Mar 2007: 21(1) 46-49
 3. Iqbal R, Afridi AK, Sarwar G, Iftikhar B. The quality of emergency services in NWFP government hospitals. J. Med. Sci. (Peshawar, Print) July 2005: 13(2) 104-107.
 4. Khan H, Khalid F, Iqbal R, Khan MH, Sarwar G. Knowledge attitude and practice of family planning in Peshawar. . J. Med. Sci. (Peshawar, Print) January 2005: 13(1) 37-39.
- Sarwar G, Khan J, Iqbal R, Afridi AK, Khan A, Sarwar R. Bacteriological analysis of drinking water from Urban and peri-urban of Peshawar. JPML. 2004: 18(1) 64-69.

5. Sarwar G, Khan I, Iqbal R, Afridi AK, Khan A, Sarwar R. Risk factors of Ischemic Heart Diseases in Peshawar. JPMI 2004: 18(4) 685-688.
7. Iqbal R. Screening of Hepatitis B & C virus in chronic liver disease. A hospital based study.) J. Med. Sci. (Peshawar, Print) July 2003: 11(2) 124-128.
8. Hussain H, Iqbal R, Khan MH, Iftikhar B, Aziz S, Burki F.K et al. Prevalence of Hepatitis C in Beta Thalassaemia Major. A hospital based study. GJMS (DIK, Print) July – Dec 2008: 6(2) 87-90.
9. Aziz S, Iqbal R, Khan I, Hussain H, Nadeem S. Prevalence of obesity in men and its relationship with diet and physical activity. GJMS (DIK, Print) Jan – June 2009: 7(1) 36-39.
10. Aziz S, Iqbal R, Khan I, Hussain M, Hussain H, Nadeem S. Awareness of Viral Hepatitis in ten villages of district Nowshera. GJMS (DIK, Print) Jan – June 2009: 7(1) 11-14.
11. Sethi MJ, Sethi S, Khan T, Iqbal R. Occurrence of Ocular trauma in children admitted in Khyber Teaching Hospital Peshawar. J. Med. Sci. (Peshawar, Print) July 2009: 17(2) 106-109.
12. Sethi S, Sethi MJ, Iqbal R. Occurrence of refractive errors in patients at eye Department district head quarter hospital Landikotal. GJMS (DIK Print) July-Dec 2009:8(1) 27-29
13. Sethi S, MJ Sethi, Iqbal R. Causes of Microbial keratitits in patients attending an eye clinic. GJMS (DIK Print) Jan – June 2010:8(1) 20 -22

SHORT TRAINING COURSES

- 1) Midwinter Community Seminar in Scottsdale, Arizona, USA, {Dec 29, 1989}
- 2) First National Agha Khan's University Postgraduate Medical Education Conference (Karachi, March 9-10, 1996)
- 3) International Symposium on Hypertension: Management Update (Quetta. Oct 8, 2000)
- 4) Special Course on Treatment of Drug Dependence (Peshawar, Jan 24-25, 1985)
- 5) Integrated Child Survival Program in Nutrition, Immunization, Diarrhea and ARI, (Peshawar, April 9-21, 1994)

- 6) Drug dependence & its management. (Islamabad, Jan, 24 -25, 1985)
- 7) Teaching Methodology of Diarrheal diseases in Medical Schools. (Peshawar, May 20-24, 1995)
- 8) Nutritional Training program for Medical officers and Agriculture officers. (Peshawar. Dec 7-19, 1995)
- 9) Status of Nutrition in NWFP, Micronutrient Seminar Original paper (Peshawar, Nov 23, 1995.
- 10) National TB Control Program Inter provincial Workshop on "Implementation of DOTS" (Peshawar, 28-29 Feb 2000) Health Systems Research in-depth workshop (Peshawar, 21 Sept to 03 Oct 1996)
- 11) Workshop on Medical Writing and Reporting. (Peshawar, June,3-4, 1999) Nutritional Training program for Medical Officers and Agriculture officers" (Peshawar, Dec 17-19, 1995)
- 12) Workshop on Basic Computers. (Peshawar, Feb 01 -03, 2000)
- 13) Appropriate MCQs for Clinical Applied Subjects. (KMC, Peshawar, Feb 02, 2002)
- 14) Research Methodology. (KMC, Peshawar, June 06-07, 2001)
- 15) Child Health in Emergencies. (KMC, Peshawar, Jan 27-31, 2002)
- 16) "How to improve your lecture" (KMC, Peshawar, May 17, 2003)
- 17) "Applied Medical Statistics" (KMC, Peshawar, May 29, 2003)
- 18) "Community Oriented Medical Education Tutor Training Workshop" (KMC, Peshawar, 19th - 20th Sept 2003)
- 19) Computer Based Effective Utilization of Self Learning Resource Center.(KMC, Peshawar, 25th Feb 2003) .
- 20) National Psychological Conferences and Training Workshop. (KMC, Peshawar, 10th to 11th Sept 2004)
- 21) Golden Jubilee Celebrations of Khyber Medical College, Paper Presentation in Scientific program. (KMC, Peshawar, 24th Dec 2004)
- 22) Seminar on Communication Skills (KMC, Peshawar, 16th June 2005)

- 23) MCQs Construction (KMC, Peshawar, 25th May 2006)
- 24) First All Pakistan Carotid Artery Stenting / Stroke Seminar (RMI, Peshawar, 27th May 2006)
- 25) Workshop on Healthy Life Style. WHO/ Social Welfare Society of KMC (KMC, Peshawar, 25th Feb 2006)
- 26) Workshop on "Curriculum Development" (KMC, Peshawar, 3rd and 4th Nov 2007)
- 27) Training Workshop on Strategic Communication for Behavior and Social Change conducted by UNICEF in Pearl Continental Bhurban, on March 3-7, 2008.
- 28) Facilitator in Disaster Management workshop in Baragali, Peshawar University Summer Campus, on 13-15 July 2008.
- 29) Facilitator in Transmission of AIDS from Mother to Child - Workshop in Elite's Hotel, Nathiagali. 25-29 August 2008.
- 30) Consultative Workshop for Developing Maternal & Newborn Health Research & Advocacy Strategy Peshawar. 17th November 2008.
- 31) Orientation Workshop on "Clinical Research Methods" held at Khyber Medical College, Peshawar. July 15-16, 2009.
- 32) Workshop on " The need and path to change undergraduate Medical Curriculum & Mode of Instruction to Problem Based Learning held at CPSP Regional Office Hayatabad, Peshawar on July 18-19 2009.
- 33) Workshop on " Research Ethics " organized by Khyber Medical University in collaboration with the Centre for Bioethics and Culture, SUIT, Karachi held at Lady Reading hospital on September 28-29, 2009
- 34) Symposium on Medical Writing organized by Khyber Medical University held at Hayatabad Medical Complex Peshawar on Oct 6, 2009.
- 35) Workshop on " How to Publish your article " held in Rehman Medical College on November 10-12, 2010.
- 36) Workshop on " MCQ Development " held in Rehman Medical College on November 25, 2010.
- 37) 6th Annual Cardiology Conference held in Rehman Medical Institute on

November 27th, 2010.

- 38) Workshop on “ Curriculum Development ” held at KMU Institute of Physical Medicine and Rehabilitation on February 03,2011.
- 39) Workshop for supervising the research team “MRT-C3” that presented paper at KMU Annual Health Conference 2012, held in 14-15 February, 2013 at IBMS, KMU Peshawar.
- 40) Workshop on “Resilience Development” held on October 10, 2014 at Rehman Medical College.
- 41) Certificate of Continuing Medical Education on “ Constructing Integrated Module For MBBS. July 8–10, 2015.
- 42) Seminar on “ Delivering Tutorials to MBBS Students.” held at RMC on April 1-2,2015.
- 43) Workshop on “ e.learning ” held at RMC Computer Library on May 14, 2015.
- 44) Conference on “Standardizing Medical Education in Pakistan” held at Rehman medical Institute on 04 – 06 march 2016.
- 45) Training Course on “ Gestational Diabetes Mellitus ” in relation to the project “ Mass Media Campaign for timely detection, management & Prevention” in Pakistan on 11 January 2017.
- 46) RMC Summer Break Faculty Capacity Development Course in Medical Education & Research on July 10 – 15, 2017.
- 47) “ Towards excellence in health profession in education & research ” 19th April, 2018
- 48) “Emerging trends in Curriculum Design and Assessment” 19th April, 2018RMC Summer Break Faculty Capacity Development Course in Medical Education & Research 10 - 15 July, 2017
- 49) RMC Summer Break Faculty Capacity Development workshop in Development of EMQ’s 03 Aug, 2017
- 50) Workshop on Development of MCQ/SEQ MEDICAL EDUCATION & RESEARCH, 15 March, 2018
- 51) Registration toward Excellence in Health Professions Education & Research, 19 April, 2018.
- 52) “ Frontiers of a Physician “ Presentation in 2nd International Public health Conference on 26th Feb 2020

PROFESSIONAL & RESEARCH ACTIVITIES

- 1) Consultant for UNICEF and World Bank. Compiling and Presenting available data on Health, Care and Nutrition related component of Nutritional Conceptual Framework. Preparation for the NISA Indicators of Nutrition Data base.
- 2) Paper presentation in "Micro-nutrient Seminar" Status of Nutrition in NWFP."
- 3) Dissertation on "Screening of Hepatitis B and C in Chronic Liver disease patients."
- 4) Master trainer in "Health Systems Research" for World Bank project of PMRC
- 5) Course Director in Health Management & Planning. (Diploma course in Peshawar University)
- 6) Addresses Health issues in the Newspapers {The Frontier post, The Statesman, The Nation and The NEWS.
- 7) 6) Addresses Health issues on Television Channels {Pakistan National TV, AVT Khyber and GEO TV} and on Voice of America & FM Civil & Military Radio Channels.
- 8) Guest Speaker at Health Services Academy, National Institute of Public Administration, St Deny's, Murree, Frontier Medical College, Abbottabad. Department of International Relations, Political Science and English at the University of Peshawar.
- 9) Life Member of Tulane University Alumni.{USA}
- 10) Life Member of Wollongong University Alumni {Australia}
- 11) Life Member of College of Family Medicine, (Pakistan).
- 12) Life Member Pakistan Chest Society.
- 13) Life Member Pakistan Hypertension League

- 14) Member of The Academic Council of Khyber Girls Medical College
- 15) Member of The Academic Council of Rehman Medical College
- 16) Examiner of Post Graduate Degree of Public health in Muzzafarabad University, Azad Kashmir.
- 17) Registered Medical Practitioner (Pakistan Medical & Dental Council).
- 18) Member of the Editorial Board and Peer Review Committee of Medical Journals.

EXTRA ACADEMIC ACTIVITIES

Mountaineering, Sports and Music.

LANGUAGES

English, Urdu, Pushto & Hindko.

TRAVELS ABROAD

United States, United Kingdom, Germany, Australia, Afghanistan, Saudi Arabia and India

REFERENCES

- 1) Prof. Dr. Arshad Javed, Vice Chancellor, Khyber Medical University, Peshawar.
Tele 091-9217696-703 {Mobile: 0300 594 9509}
- 2) Prof. Dr. Aslam Qamar. Principal, Rehman Medical College, Peshawar.
Tele 091- 5838000 Office. {Mobile: 0300 503 2518}
- 3) Prof. Dr. Ejaz Hassan. Principal, North West Medical College, Peshawar.
Tele 091- 9217701 Office. {Mobile: 0301 890 7772}

Signature:

Dated: 28 Feb 2020