



MCM Peshawar



Budni Road, Yaseen Abad, Peshawar



091-2614151 / 091-2614174



4th Professional MBBS-2026 Paediatrics Log Book

STUDENT DETAILS				
Student Name:	Gender:	M	F	
Email address:				
Roll No:	Batch:			

4th Professional MBBS-2026

Age: _____ PRG#: _____

Date of Admission: _____

CHIEF COMPLAINTS:

[illegible]

SYSTEMIC	
CVS	
RESP	
GI	
GU	
NEURO	
LOCOMOTOR/ RHEUMATOLOGICAL	

CLINICAL HISTORY

BIRTH & GROWTH HISTORY:

Antenatal Hx;

(Nutrition, antenatal visits, still births, iron /folic acid, infections during pregnancy (TORCH), etc.)

Natal Hx:

(type of delivery, POG, Length of labour)

Post Natal Hx;

(APGAR Scores/Hx. Of delayed cry neonatal jaundice)

Feeding Hx:

Breast fed _____ Bottle fed _____
(Include volume and frequency if feeds, include Hx of meals).

Vaccination Hx;

CLINICAL HISTORY

DEVELOPMENTAL MILESTONES:

<u>GROSS MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Head (neck) holding	2-4 months	
Sits with support	5-7 months	
Sits without support	8-10 months	
Crawl	9-11 months	
Walk, throw object	10-14 months	
Runs, kicks ball	24-28 months	
Stands on one foot, play with children	3 years	

<u>FINE MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Grasp reflex	At birth	
Reach out for objects	3 months	
Hold on to objects	4 month	
Puts object in mouth	5 months	
Passes object from one hand to other	6 months	

<u>LANGUAGE, HEARING AND VISION</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Vocalises	2 months	
Babbles	4 months	
Words:		
Dada/Mama	10 months	
3 words	13 months	
10 word	16 months	
25 words	18 months	
2 word sentences	2 years	
3 word sentences	3 years	

<u>HEARING & SOCIAL</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Responds to loud noises	1 month	
Spontaneous smile	2 months	
Social smile	6 weeks	
Recognises name	6 months	
Understands simple commands	16 months	
Understands complex commands	2 years	
Plays and interacts with others	2 years	
Toilet trained	3 years	

INVESTIGATIONS & MANAGEMENT

DIAGNOSIS:

BASELINE INVESTIGATIONS;

Bedside:

Bloods:

Imaging:

Other:

SPECIFIC INVESTIGATIONS:

TREATMENT / OPERATION PLAN:

INVESTIGATIONS & MANAGEMENT

FOLLOW UP - INVESTIGATION FINDINGS AND TREATMENT PLAN PERFORMED:

DISCHARGE PLANNING/POST OP CARE:

COMPLICATIONS:

Doctor's Signature:.....

Name:.....

4th Year PAEDIATRICS DEPARTMENT : Mini-Cex

Patient Name:		Diagnosis:			Date:	
Competencies		EXPECTED LEVEL OF COMPETENCE 1. Below Expectation 2. Adequate 3. Excellent			Teacher to sign & date	
History / Exam / Management Plan		Below expectation	Adequate	Excellent	Sign	Date
1	Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential diagnosis.					
2	Perform complete physical examination, with detailed examination of the involved organ System					
3	Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reach a logical conclusion.					
4	Arrange a focused list of differential diagnosis					
5	Prepare a diagnostic plan, selecting investigations appropriate for the Patient.					
Good points						
Suggestions for improvement						
Sign/ Date						

PAEDIATRICS DEPARTMENT

S. No	Date	Competencies	Level					HOD/Focal Person Signature	
			A: Observer status B: Assistant status C: Performed part of the procedure under supervision D: Performed whole procedure under supervision E: Independent performance						
			A	B	C	D	E		
1.		History taking from a patient in medical unit							
2.		General physical examination							
		• Pulse							
		• BP							
		• Temperature							
		• Respiratory rate							
		• Others (specify)							
3.		Systemic examination							
		• GIT • CVS • Respiratory system • Nervous system • Other (specify)							
4.		Pulse Oximeter placement							
5.		Nasogastric tube insertion							
6.		Foley`s catheter insertion							
7.		Fluid aspirations							
		• Ascitic:							
		• Pleural:							
		• CSF:							
		• Joint fluid:							
		• Others (specify							

Doctor's Signature:.....

Name:.....

4th Professional MBBS-2026

Age: _____ PRG#: _____

Date of Admission: _____

CHIEF COMPLAINTS:

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.

SYSTEMIC

CVS	
RESP	
GI	
GU	
NEURO	
LOCOMOTOR/ RHEUMATOLOGICAL	

CLINICAL HISTORY

BIRTH & GROWTH HISTORY:

Antenatal Hx;

(Nutrition, antenatal visits, still births, iron /folic acid, infections during pregnancy (TORCH), etc.)

Natal Hx:

(type of delivery, POG, Length of labour)

Post Natal Hx;

(APGAR Scores/Hx. Of delayed cry neonatal jaundice)

Feeding Hx:

Breast fed _____ Bottle fed _____
(Include volume and frequency if feeds, include Hx of meals).

Vaccination Hx;

CLINICAL HISTORY

DEVELOPMENTAL MILESTONES:

<u>GROSS MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Head (neck) holding	2-4 months	
Sits with support	5-7 months	
Sits without support	8-10 months	
Crawl	9-11 months	
Walk, throw object	10-14 months	
Runs, kicks ball	24-28 months	
Stands on one foot, play with children	3 years	

<u>FINE MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Grasp reflex	At birth	
Reach out for objects	3 months	
Hold on to objects	4 month	
Puts object in mouth	5 months	
Passes object from one hand to other	6 months	

<u>LANGUAGE, HEARING AND VISION</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Vocalises	2 months	
Babbles	4 months	
Words:		
Dada/Mama	10 months	
3 words	13 months	
10 word	16 months	
25 words	18 months	
2 word sentences	2 years	
3 word sentences	3 years	

<u>HEARING & SOCIAL</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Responds to loud noises	1 month	
Spontaneous smile	2 months	
Social smile	6 weeks	
Recognises name	6 months	
Understands simple commands	16 months	
Understands complex commands	2 years	
Plays and interacts with others	2 years	
Toilet trained	3 years	

INVESTIGATIONS & MANAGEMENT

DIAGNOSIS:

BASELINE INVESTIGATIONS;

Bedside:

Bloods:

Imaging:

Other:

SPECIFIC INVESTIGATIONS:

TREATMENT / OPERATION PLAN:

INVESTIGATIONS & MANAGEMENT

FOLLOW UP - INVESTIGATION FINDINGS AND TREATMENT PLAN PERFORMED:

DISCHARGE PLANNING/POST OP CARE:

COMPLICATIONS:

Doctor's Signature:.....

Name:.....

4th Year PAEDIATRICS DEPARTMENT : Mini-Cex

Patient Name:		Diagnosis:			Date:	
Competencies		EXPECTED LEVEL OF COMPETENCE 1. Below Expectation 2. Adequate 3. Excellent			Teacher to sign & date	
History / Exam / Management Plan		Below expectation	Adequate	Excellent	Sign	Date
1	Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential diagnosis.					
2	Perform complete physical examination, with detailed examination of the involved organ System					
3	Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reach a logical conclusion.					
4	Arrange a focused list of differential diagnosis					
5	Prepare a diagnostic plan, selecting investigations appropriate for the Patient.					
Good points						
Suggestions for improvement						
Sign/ Date						

PAEDIATRICS DEPARTMENT

S. No	Date	Competencies	Level A: Observer status B: Assistant status C: Performed part of the procedure under supervision D: Performed whole procedure under supervision E: Independent performance					HOD/Focal Person Signature
			A	B	C	D	E	
8.		History taking from a patient in medical unit						
9.		General physical examination						
		• Pulse						
		• BP						
		• Temperature						
		• Respiratory rate						
		• Others (specify)						
10.		Systemic examination						
		• GIT						
		• CVS						
		• Respiratory system						
		• Nervous system						
		• Other (specify)						
11.		Pulse Oximeter placement						
12.		Nasogastric tube insertion						
13.		Foley`s catheter insertion						
14.		Fluid aspirations						
		• Ascitic:						
		• Pleural:						
		• CSF:						
		• Joint fluid:						
		• Others (specify)						

Doctor's Signature:.....

Name:.....

4th Professional MBBS-2026

Date of Admission: _____

CHIEF COMPLAINTS:

HISTORY OF PRESENTING COMPLAINTS:[illegible]

SYSTEMIC

CVS	
RESP	
GI	
GU	
NEURO	
LOCOMOTOR/ RHEUMATOLOGICAL	

CLINICAL HISTORY

BIRTH & GROWTH HISTORY:

Antenatal Hx;

(Nutrition, antenatal visits, still births, iron /folic acid, infections during pregnancy (TORCH), etc.)

Natal Hx:

(type of delivery, POG, Length of labour)

Post Natal Hx;

(APGAR Scores/Hx. Of delayed cry neonatal jaundice)

Feeding Hx:

Breast fed _____ Bottle fed _____
(Include volume and frequency if feeds, include Hx of meals).

Vaccination Hx;

CLINICAL HISTORY

DEVELOPMENTAL MILESTONES:

<u>GROSS MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Head (neck) holding	2-4 months	
Sits with support	5-7 months	
Sits without support	8-10 months	
Crawl	9-11 months	
Walk, throw object	10-14 months	
Runs, kicks ball	24-28 months	
Stands on one foot, play with children	3 years	

<u>FINE MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Grasp reflex	At birth	
Reach out for objects	3 months	
Hold on to objects	4 month	
Puts object in mouth	5 months	
Passes object from one hand to other	6 months	

<u>LANGUAGE, HEARING AND VISION</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Vocalises	2 months	
Babbles	4 months	
Words:		
Dada/Mama	10 months	
3 words	13 months	
10 word	16 months	
25 words	18 months	
2 word sentences	2 years	
3 word sentences	3 years	

<u>HEARING & SOCIAL</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Responds to loud noises	1 month	
Spontaneous smile	2 months	
Social smile	6 weeks	
Recognises name	6 months	
Understands simple commands	16 months	
Understands complex commands	2 years	
Plays and interacts with others	2 years	
Toilet trained	3 years	

INVESTIGATIONS & MANAGEMENT

DIAGNOSIS:

BASELINE INVESTIGATIONS;

Bedside:

Bloods:

Imaging:

Other:

SPECIFIC INVESTIGATIONS:

TREATMENT / OPERATION PLAN:

INVESTIGATIONS & MANAGEMENT

FOLLOW UP - INVESTIGATION FINDINGS AND TREATMENT PLAN PERFORMED:

DISCHARGE PLANNING/POST OP CARE:

COMPLICATIONS:

Doctor's Signature:.....

Name:.....

4th Year PAEDIATRICS DEPARTMENT : Mini-Cex

Patient Name:		Diagnosis:			Date:	
Competencies		EXPECTED LEVEL OF COMPETENCE 1. Below Expectation 2. Adequate 3. Excellent			Teacher to sign & date	
History / Exam / Management Plan		Below expectation	Adequate	Excellent	Sign	Date
1	Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential diagnosis.					
2	Perform complete physical examination, with detailed examination of the involved organ System					
3	Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reach a logical conclusion.					
4	Arrange a focused list of differential diagnosis					
5	Prepare a diagnostic plan, selecting investigations appropriate for the Patient.					
Good points						
Suggestions for improvement						
Sign/ Date						

PAEDIATRICS DEPARTMENT

S. No	Date	Competencies	Level					HOD/Focal Person Signature	
			A: Observer status B: Assistant status C: Performed part of the procedure under supervision D: Performed whole procedure under supervision E: Independent performance						
			A	B	C	D	E		
15.		History taking from a patient in medical unit							
16.		General physical examination							
		• Pulse							
		• BP							
		• Temperature							
		• Respiratory rate							
		• Others (specify)							
17.		Systemic examination							
		• GIT • CVS • Respiratory system • Nervous system • Other (specify)							
18.		Pulse Oximeter placement							
19.		Nasogastric tube insertion							
20.		Foley`s catheter insertion							
21.		Fluid aspirations							
		• Ascitic:							
		• Pleural:							
		• CSF:							
		• Joint fluid:							
		• Others (specify							

Doctor's Signature:.....

Name:.....

4th Professional MBBS-2026

Age: _____ PRG#: _____

Date of Admission: _____

CHIEF COMPLAINTS:

[illegible]

SYSTEMIC

CVS	
RESP	
GI	
GU	
NEURO	
LOCOMOTOR/ RHEUMATOLOGICAL	

CLINICAL HISTORY

BIRTH & GROWTH HISTORY:

Antenatal Hx;

(Nutrition, antenatal visits, still births, iron /folic acid, infections during pregnancy (TORCH), etc.)

Natal Hx:

(type of delivery, POG, Length of labour)

Post Natal Hx;

(APGAR Scores/Hx. Of delayed cry neonatal jaundice)

Feeding Hx:

Breast fed _____ Bottle fed _____
(Include volume and frequency if feeds, include Hx of meals).

Vaccination Hx;

CLINICAL HISTORY

DEVELOPMENTAL MILESTONES:

<u>GROSS MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Head (neck) holding	2-4 months	
Sits with support	5-7 months	
Sits without support	8-10 months	
Crawl	9-11 months	
Walk, throw object	10-14 months	
Runs, kicks ball	24-28 months	
Stands on one foot, play with children	3 years	

<u>FINE MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Grasp reflex	At birth	
Reach out for objects	3 months	
Hold on to objects	4 month	
Puts object in mouth	5 months	
Passes object from one hand to other	6 months	

<u>LANGUAGE, HEARING AND VISION</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Vocalises	2 months	
Babbles	4 months	
Words:		
Dada/Mama	10 months	
3 words	13 months	
10 word	16 months	
25 words	18 months	
2 word sentences	2 years	
3 word sentences	3 years	

<u>HEARING & SOCIAL</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Responds to loud noises	1 month	
Spontaneous smile	2 months	
Social smile	6 weeks	
Recognises name	6 months	
Understands simple commands	16 months	
Understands complex commands	2 years	
Plays and interacts with others	2 years	
Toilet trained	3 years	

INVESTIGATIONS & MANAGEMENT

DIAGNOSIS:

BASELINE INVESTIGATIONS;

Bedside:

Bloods:

Imaging:

Other:

SPECIFIC INVESTIGATIONS:

TREATMENT / OPERATION PLAN:

INVESTIGATIONS & MANAGEMENT

FOLLOW UP - INVESTIGATION FINDINGS AND TREATMENT PLAN PERFORMED:

DISCHARGE PLANNING/POST OP CARE:

COMPLICATIONS:

Doctor's Signature:.....

Name:.....

4th Year PAEDIATRICS DEPARTMENT : Mini-Cex

Patient Name:		Diagnosis:			Date:	
Competencies		EXPECTED LEVEL OF COMPETENCE 1. Below Expectation 2. Adequate 3. Excellent			Teacher to sign & date	
History / Exam / Management Plan		Below expectation	Adequate	Excellent	Sign	Date
1	Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential diagnosis.					
2	Perform complete physical examination, with detailed examination of the involved organ System					
3	Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reach a logical conclusion.					
4	Arrange a focused list of differential diagnosis					
5	Prepare a diagnostic plan, selecting investigations appropriate for the Patient.					
Good points						
Suggestions for improvement						
Sign/ Date						

PAEDIATRICS DEPARTMENT

S. No	Date	Competencies	Level					HOD/Focal Person Signature	
			A: Observer status B: Assistant status C: Performed part of the procedure under supervision D: Performed whole procedure under supervision E: Independent performance						
			A	B	C	D	E		
22.		History taking from a patient in medical unit							
23.		General physical examination							
		• Pulse							
		• BP							
		• Temperature							
		• Respiratory rate							
		• Others (specify)							
24.		Systemic examination							
		• GIT • CVS • Respiratory system • Nervous system • Other (specify)							
25.		Pulse Oximeter placement							
26.		Nasogastric tube insertion							
27.		Foley`s catheter insertion							
28.		Fluid aspirations							
		• Ascitic:							
		• Pleural:							
		• CSF:							
		• Joint fluid:							
		• Others (specify							

Doctor's Signature:.....

Name:.....

PAEDIATRICS
4th Professional MBBS-2026

Patient Name: _____

Age: _____ PRG#: _____

Ward #: _____

Date of Admission: _____

CLINICAL HISTORY

CHIEF COMPLAINTS:

HISTORY OF PRESENTING COMPLAINTS:

SYSTEMS
REVIEW

SYSTEMIC	
CVS	
RESP	
GI	
GU	
NEURO	
LOCOMOTOR/ RHEUMATOLOGICAL	

CLINICAL HISTORY

BIRTH & GROWTH HISTORY:

Antenatal Hx;

(Nutrition, antenatal visits, still births, iron /folic acid, infections during pregnancy (TORCH), etc.)

Natal Hx:

(type of delivery, POG, Length of labour)

Post Natal Hx;

(APGAR Scores/Hx. Of delayed cry neonatal jaundice)

Feeding Hx:

Breast fed _____ Bottle fed _____
(Include volume and frequency if feeds, include Hx of meals).

Vaccination Hx;

CLINICAL HISTORY

DEVELOPMENTAL MILESTONES:

<u>GROSS MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Head (neck) holding	2-4 months	
Sits with support	5-7 months	
Sits without support	8-10 months	
Crawl	9-11 months	
Walk, throw object	10-14 months	
Runs, kicks ball	24-28 months	
Stands on one foot, play with children	3 years	

<u>FINE MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Grasp reflex	At birth	
Reach out for objects	3 months	
Hold on to objects	4 month	
Puts object in mouth	5 months	
Passes object from one hand to other	6 months	

<u>LANGUAGE, HEARING AND VISION</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Vocalises	2 months	
Babbles	4 months	
Words:		
Dada/Mama	10 months	
3 words	13 months	
10 word	16 months	
25 words	18 months	
2 word sentences	2 years	
3 word sentences	3 years	

<u>HEARING & SOCIAL</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Responds to loud noises	1 month	
Spontaneous smile	2 months	
Social smile	6 weeks	
Recognises name	6 months	
Understands simple commands	16 months	
Understands complex commands	2 years	
Plays and interacts with others	2 years	
Toilet trained	3 years	

INVESTIGATIONS & MANAGEMENT

DIAGNOSIS:

BASELINE INVESTIGATIONS;

Bedside:

Bloods:

Imaging:

Other:

SPECIFIC INVESTIGATIONS:

TREATMENT / OPERATION PLAN:

INVESTIGATIONS & MANAGEMENT

FOLLOW UP - INVESTIGATION FINDINGS AND TREATMENT PLAN PERFORMED:

DISCHARGE PLANNING/POST OP CARE:

COMPLICATIONS:

Doctor's Signature:.....

Name:.....

4th Year PAEDIATRICS DEPARTMENT : Mini-Cex

Patient Name:		Diagnosis:			Date:	
Competencies		EXPECTED LEVEL OF COMPETENCE 1. Below Expectation 2. Adequate 3. Excellent			Teacher to sign & date	
History / Exam / Management Plan		Below expectation	Adequate	Excellent	Sign	Date
1	Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential diagnosis.					
2	Perform complete physical examination, with detailed examination of the involved organ System					
3	Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reach a logical conclusion.					
4	Arrange a focused list of differential diagnosis					
5	Prepare a diagnostic plan, selecting investigations appropriate for the Patient.					
Good points						
Suggestions for improvement						
Sign/ Date						

PAEDIATRICS DEPARTMENT

S. No	Date	Competencies	Level A: Observer status B: Assistant status C: Performed part of the procedure under supervision D: Performed whole procedure under supervision E: Independent performance					HOD/Focal Person Signature
			A	B	C	D	E	
29.		History taking from a patient in medical unit						
30.		General physical examination						
		• Pulse						
		• BP						
		• Temperature						
		• Respiratory rate						
		• Others (specify)						
31.		Systemic examination						
		• GIT						
		• CVS						
		• Respiratory system						
		• Nervous system						
		• Other (specify)						
32.		Pulse Oximeter placement						
33.		Nasogastric tube insertion						
34.		Foley`s catheter insertion						
35.		Fluid aspirations						
		• Ascitic:						
		• Pleural:						
		• CSF:						
		• Joint fluid:						
		• Others (specify)						

Doctor's Signature:.....

Name:.....

4th Professional MBBS-2026

Age: _____ PRG#: _____

Date of Admission: _____

CHIEF COMPLAINTS:

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, leaving small gaps between them. There are no vertical margin lines, text, or other markings on the paper.

SYSTEMIC

CVS	
RESP	
GI	
GU	
NEURO	
LOCOMOTOR/ RHEUMATOLOGICAL	

CLINICAL HISTORY

BIRTH & GROWTH HISTORY:

Antenatal Hx;

(Nutrition, antenatal visits, still births, iron /folic acid, infections during pregnancy (TORCH), etc.)

Natal Hx:

(type of delivery, POG, Length of labour)

Post Natal Hx;

(APGAR Scores/Hx. Of delayed cry neonatal jaundice)

Feeding Hx:

Breast fed _____ Bottle fed _____
(Include volume and frequency if feeds, include Hx of meals).

Vaccination Hx;

CLINICAL HISTORY

DEVELOPMENTAL MILESTONES:

<u>GROSS MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Head (neck) holding	2-4 months	
Sits with support	5-7 months	
Sits without support	8-10 months	
Crawl	9-11 months	
Walk, throw object	10-14 months	
Runs, kicks ball	24-28 months	
Stands on one foot, play with children	3 years	

<u>FINE MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Grasp reflex	At birth	
Reach out for objects	3 months	
Hold on to objects	4 month	
Puts object in mouth	5 months	
Passes object from one hand to other	6 months	

<u>LANGUAGE, HEARING AND VISION</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Vocalises	2 months	
Babbles	4 months	
Words:		
Dada/Mama	10 months	
3 words	13 months	
10 word	16 months	
25 words	18 months	
2 word sentences	2 years	
3 word sentences	3 years	

<u>HEARING & SOCIAL</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Responds to loud noises	1 month	
Spontaneous smile	2 months	
Social smile	6 weeks	
Recognises name	6 months	
Understands simple commands	16 months	
Understands complex commands	2 years	
Plays and interacts with others	2 years	
Toilet trained	3 years	

INVESTIGATIONS & MANAGEMENT

DIAGNOSIS:

BASELINE INVESTIGATIONS;

Bedside:

Bloods:

Imaging:

Other:

SPECIFIC INVESTIGATIONS:

TREATMENT / OPERATION PLAN:

INVESTIGATIONS & MANAGEMENT

FOLLOW UP - INVESTIGATION FINDINGS AND TREATMENT PLAN PERFORMED:

DISCHARGE PLANNING/POST OP CARE:

COMPLICATIONS:

Doctor's Signature:.....

Name:.....

4th Year PAEDIATRICS DEPARTMENT : Mini-Cex

Patient Name:		Diagnosis:			Date:	
Competencies		EXPECTED LEVEL OF COMPETENCE 1. Below Expectation 2. Adequate 3. Excellent			Teacher to sign & date	
History / Exam / Management Plan		Below expectation	Adequate	Excellent	Sign	Date
1	Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential diagnosis.					
2	Perform complete physical examination, with detailed examination of the involved organ System					
3	Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reach a logical conclusion.					
4	Arrange a focused list of differential diagnosis					
5	Prepare a diagnostic plan, selecting investigations appropriate for the Patient.					
Good points						
Suggestions for improvement						
Sign/ Date						

PAEDIATRICS DEPARTMENT

S. No	Date	Competencies	Level					HOD/Focal Person Signature	
			A: Observer status B: Assistant status C: Performed part of the procedure under supervision D: Performed whole procedure under supervision E: Independent performance						
			A	B	C	D	E		
36.		History taking from a patient in medical unit							
37.		General physical examination							
		• Pulse							
		• BP							
		• Temperature							
		• Respiratory rate							
		• Others (specify)							
38.		Systemic examination							
		• GIT • CVS • Respiratory system • Nervous system • Other (specify)							
39.		Pulse Oximeter placement							
40.		Nasogastric tube insertion							
41.		Foley`s catheter insertion							
42.		Fluid aspirations							
		• Ascitic:							
		• Pleural:							
		• CSF:							
		• Joint fluid:							
		• Others (specify							

Doctor's Signature:.....

Name:.....

4th Professional MBBS-2026

Age: _____ PRG#: _____

Date of Admission: _____

CHIEF COMPLAINTS:

[illegible]

SYSTEMIC

CVS	
RESP	
GI	
GU	
NEURO	
LOCOMOTOR/ RHEUMATOLOGICAL	

CLINICAL HISTORY

BIRTH & GROWTH HISTORY:

Antenatal Hx;

(Nutrition, antenatal visits, still births, iron /folic acid, infections during pregnancy (TORCH), etc.)

Natal Hx:

(type of delivery, POG, Length of labour)

Post Natal Hx;

(APGAR Scores/Hx. Of delayed cry neonatal jaundice)

Feeding Hx:

Breast fed _____ Bottle fed _____
(Include volume and frequency if feeds, include Hx of meals).

Vaccination Hx;

CLINICAL HISTORY

DEVELOPMENTAL MILESTONES:

<u>GROSS MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Head (neck) holding	2-4 months	
Sits with support	5-7 months	
Sits without support	8-10 months	
Crawl	9-11 months	
Walk, throw object	10-14 months	
Runs, kicks ball	24-28 months	
Stands on one foot, play with children	3 years	

<u>FINE MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Grasp reflex	At birth	
Reach out for objects	3 months	
Hold on to objects	4 month	
Puts object in mouth	5 months	
Passes object from one hand to other	6 months	

<u>LANGUAGE, HEARING AND VISION</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Vocalises	2 months	
Babbles	4 months	
Words:		
Dada/Mama	10 months	
3 words	13 months	
10 word	16 months	
25 words	18 months	
2 word sentences	2 years	
3 word sentences	3 years	

<u>HEARING & SOCIAL</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Responds to loud noises	1 month	
Spontaneous smile	2 months	
Social smile	6 weeks	
Recognises name	6 months	
Understands simple commands	16 months	
Understands complex commands	2 years	
Plays and interacts with others	2 years	
Toilet trained	3 years	

INVESTIGATIONS & MANAGEMENT

DIAGNOSIS:

BASELINE INVESTIGATIONS;

Bedside:

Bloods:

Imaging:

Other:

SPECIFIC INVESTIGATIONS:

TREATMENT / OPERATION PLAN:

INVESTIGATIONS & MANAGEMENT

FOLLOW UP - INVESTIGATION FINDINGS AND TREATMENT PLAN PERFORMED:

DISCHARGE PLANNING/POST OP CARE:

COMPLICATIONS:

Doctor's Signature:.....

Name:.....

4th Year PAEDIATRICS DEPARTMENT : Mini-Cex

Patient Name:		Diagnosis:			Date:	
Competencies		EXPECTED LEVEL OF COMPETENCE 1. Below Expectation 2. Adequate 3. Excellent			Teacher to sign & date	
History / Exam / Management Plan		Below expectation	Adequate	Excellent	Sign	Date
1	Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential diagnosis.					
2	Perform complete physical examination, with detailed examination of the involved organ System					
3	Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reach a logical conclusion.					
4	Arrange a focused list of differential diagnosis					
5	Prepare a diagnostic plan, selecting investigations appropriate for the Patient.					
Good points						
Suggestions for improvement						
Sign/ Date						

PAEDIATRICS DEPARTMENT

S. No	Date	Competencies	Level					HOD/Focal Person Signature	
			A: Observer status B: Assistant status C: Performed part of the procedure under supervision D: Performed whole procedure under supervision E: Independent performance						
			A	B	C	D	E		
43.		History taking from a patient in medical unit							
44.		General physical examination							
		• Pulse							
		• BP							
		• Temperature							
		• Respiratory rate							
		• Others (specify)							
45.		Systemic examination							
		• GIT • CVS • Respiratory system • Nervous system • Other (specify)							
46.		Pulse Oximeter placement							
47.		Nasogastric tube insertion							
48.		Foley`s catheter insertion							
49.		Fluid aspirations							
		• Ascitic:							
		• Pleural:							
		• CSF:							
		• Joint fluid:							
		• Others (specify							

Doctor's Signature:.....

Name:.....

4th Professional MBBS-2026

Age: _____ PRG#: _____

Date of Admission: _____

CHIEF COMPLAINTS:

[illegible]

SYSTEMIC

CVS	
RESP	
GI	
GU	
NEURO	
LOCOMOTOR/ RHEUMATOLOGICAL	

CLINICAL HISTORY

BIRTH & GROWTH HISTORY:

Antenatal Hx;

(Nutrition, antenatal visits, still births, iron /folic acid, infections during pregnancy (TORCH), etc.)

Natal Hx:

(type of delivery, POG, Length of labour)

Post Natal Hx;

(APGAR Scores/Hx. Of delayed cry neonatal jaundice)

Feeding Hx:

Breast fed _____ Bottle fed _____
(Include volume and frequency if feeds, include Hx of meals).

Vaccination Hx;

CLINICAL HISTORY

DEVELOPMENTAL MILESTONES:

<u>GROSS MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Head (neck) holding	2-4 months	
Sits with support	5-7 months	
Sits without support	8-10 months	
Crawl	9-11 months	
Walk, throw object	10-14 months	
Runs, kicks ball	24-28 months	
Stands on one foot, play with children	3 years	

<u>FINE MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Grasp reflex	At birth	
Reach out for objects	3 months	
Hold on to objects	4 month	
Puts object in mouth	5 months	
Passes object from one hand to other	6 months	

<u>LANGUAGE, HEARING AND VISION</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Vocalises	2 months	
Babbles	4 months	
Words:		
Dada/Mama	10 months	
3 words	13 months	
10 word	16 months	
25 words	18 months	
2 word sentences	2 years	
3 word sentences	3 years	

<u>HEARING & SOCIAL</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Responds to loud noises	1 month	
Spontaneous smile	2 months	
Social smile	6 weeks	
Recognises name	6 months	
Understands simple commands	16 months	
Understands complex commands	2 years	
Plays and interacts with others	2 years	
Toilet trained	3 years	

INVESTIGATIONS & MANAGEMENT

DIAGNOSIS:

BASELINE INVESTIGATIONS;

Bedside:

Bloods:

Imaging:

Other:

SPECIFIC INVESTIGATIONS:

TREATMENT / OPERATION PLAN:

INVESTIGATIONS & MANAGEMENT

FOLLOW UP - INVESTIGATION FINDINGS AND TREATMENT PLAN PERFORMED:

DISCHARGE PLANNING/POST OP CARE:

COMPLICATIONS:

Doctor's Signature:.....

Name:.....

4th Year PAEDIATRICS DEPARTMENT : Mini-Cex

Patient Name:		Diagnosis:			Date:	
Competencies		EXPECTED LEVEL OF COMPETENCE 1. Below Expectation 2. Adequate 3. Excellent			Teacher to sign & date	
History / Exam / Management Plan		Below expectation	Adequate	Excellent	Sign	Date
1	Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential diagnosis.					
2	Perform complete physical examination, with detailed examination of the involved organ System					
3	Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reach a logical conclusion.					
4	Arrange a focused list of differential diagnosis					
5	Prepare a diagnostic plan, selecting investigations appropriate for the Patient.					
Good points						
Suggestions for improvement						
Sign/ Date						

PAEDIATRICS DEPARTMENT

S. No	Date	Competencies	Level					HOD/Focal Person Signature	
			A: Observer status B: Assistant status C: Performed part of the procedure under supervision D: Performed whole procedure under supervision E: Independent performance						
			A	B	C	D	E		
50.		History taking from a patient in medical unit							
51.		General physical examination							
		• Pulse							
		• BP							
		• Temperature							
		• Respiratory rate							
		• Others (specify)							
52.		Systemic examination							
		• GIT • CVS • Respiratory system • Nervous system • Other (specify)							
53.		Pulse Oximeter placement							
54.		Nasogastric tube insertion							
55.		Foley`s catheter insertion							
56.		Fluid aspirations							
		• Ascitic:							
		• Pleural:							
		• CSF:							
		• Joint fluid:							
		• Others (specify							

Doctor's Signature:.....

Name:.....

4th Professional MBBS-2026

Age: _____ PRG#: _____

Date of Admission: _____

CHIEF COMPLAINTS:

[illegible]

SYSTEMIC

CVS	
RESP	
GI	
GU	
NEURO	
LOCOMOTOR/ RHEUMATOLOGICAL	

CLINICAL HISTORY

BIRTH & GROWTH HISTORY:

Antenatal Hx;

(Nutrition, antenatal visits, still births, iron /folic acid, infections during pregnancy (TORCH), etc.)

Natal Hx:

(type of delivery, POG, Length of labour)

Post Natal Hx;

(APGAR Scores/Hx. Of delayed cry neonatal jaundice)

Feeding Hx:

Breast fed _____ Bottle fed _____
(Include volume and frequency if feeds, include Hx of meals).

Vaccination Hx;

CLINICAL HISTORY

DEVELOPMENTAL MILESTONES:

<u>GROSS MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Head (neck) holding	2-4 months	
Sits with support	5-7 months	
Sits without support	8-10 months	
Crawl	9-11 months	
Walk, throw object	10-14 months	
Runs, kicks ball	24-28 months	
Stands on one foot, play with children	3 years	

<u>FINE MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Grasp reflex	At birth	
Reach out for objects	3 months	
Hold on to objects	4 month	
Puts object in mouth	5 months	
Passes object from one hand to other	6 months	

<u>LANGUAGE, HEARING AND VISION</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Vocalises	2 months	
Babbles	4 months	
Words:		
Dada/Mama	10 months	
3 words	13 months	
10 word	16 months	
25 words	18 months	
2 word sentences	2 years	
3 word sentences	3 years	

<u>HEARING & SOCIAL</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Responds to loud noises	1 month	
Spontaneous smile	2 months	
Social smile	6 weeks	
Recognises name	6 months	
Understands simple commands	16 months	
Understands complex commands	2 years	
Plays and interacts with others	2 years	
Toilet trained	3 years	

INVESTIGATIONS & MANAGEMENT

DIAGNOSIS:

BASELINE INVESTIGATIONS;

Bedside:

Bloods:

Imaging:

Other:

SPECIFIC INVESTIGATIONS:

TREATMENT / OPERATION PLAN:

INVESTIGATIONS & MANAGEMENT

FOLLOW UP - INVESTIGATION FINDINGS AND TREATMENT PLAN PERFORMED:

DISCHARGE PLANNING/POST OP CARE:

COMPLICATIONS:

Doctor's Signature:.....

Name:.....

4th Year PAEDIATRICS DEPARTMENT : Mini-Cex

Patient Name:		Diagnosis:			Date:	
Competencies		EXPECTED LEVEL OF COMPETENCE 1. Below Expectation 2. Adequate 3. Excellent			Teacher to sign & date	
History / Exam / Management Plan		Below expectation	Adequate	Excellent	Sign	Date
1	Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential diagnosis.					
2	Perform complete physical examination, with detailed examination of the involved organ System					
3	Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reach a logical conclusion.					
4	Arrange a focused list of differential diagnosis					
5	Prepare a diagnostic plan, selecting investigations appropriate for the Patient.					
Good points						
Suggestions for improvement						
Sign/ Date						

PAEDIATRICS DEPARTMENT

S. No	Date	Competencies	Level					HOD/Focal Person Signature	
			A: Observer status B: Assistant status C: Performed part of the procedure under supervision D: Performed whole procedure under supervision E: Independent performance						
			A	B	C	D	E		
57.		History taking from a patient in medical unit							
58.		General physical examination							
		• Pulse							
		• BP							
		• Temperature							
		• Respiratory rate							
		• Others (specify)							
59.		Systemic examination							
		• GIT • CVS • Respiratory system • Nervous system • Other (specify)							
60.		Pulse Oximeter placement							
61.		Nasogastric tube insertion							
62.		Foley`s catheter insertion							
63.		Fluid aspirations							
		• Ascitic:							
		• Pleural:							
		• CSF:							
		• Joint fluid:							
		• Others (specify							

Doctor's Signature:.....

Name:.....

4th Professional MBBS-2026

Age: _____ PRG#: _____

Date of Admission: _____

CHIEF COMPLAINTS:

[illegible]

SYSTEMIC

CVS	
RESP	
GI	
GU	
NEURO	
LOCOMOTOR/ RHEUMATOLOGICAL	

CLINICAL HISTORY

BIRTH & GROWTH HISTORY:

Antenatal Hx;

(Nutrition, antenatal visits, still births, iron /folic acid, infections during pregnancy (TORCH), etc.)

Natal Hx:

(type of delivery, POG, Length of labour)

Post Natal Hx;

(APGAR Scores/Hx. Of delayed cry neonatal jaundice)

Feeding Hx:

Breast fed _____ Bottle fed _____
(Include volume and frequency if feeds, include Hx of meals).

Vaccination Hx;

CLINICAL HISTORY

DEVELOPMENTAL MILESTONES:

<u>GROSS MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Head (neck) holding	2-4 months	
Sits with support	5-7 months	
Sits without support	8-10 months	
Crawl	9-11 months	
Walk, throw object	10-14 months	
Runs, kicks ball	24-28 months	
Stands on one foot, play with children	3 years	

<u>FINE MOTOR</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Grasp reflex	At birth	
Reach out for objects	3 months	
Hold on to objects	4 month	
Puts object in mouth	5 months	
Passes object from one hand to other	6 months	

<u>LANGUAGE, HEARING AND VISION</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Vocalises	2 months	
Babbles	4 months	
Words:		
Dada/Mama	10 months	
3 words	13 months	
10 word	16 months	
25 words	18 months	
2 word sentences	2 years	
3 word sentences	3 years	

<u>HEARING & SOCIAL</u>		
<i>Skill</i>	<i>Normal Age</i>	<i>Age of onset in patient</i>
Responds to loud noises	1 month	
Spontaneous smile	2 months	
Social smile	6 weeks	
Recognises name	6 months	
Understands simple commands	16 months	
Understands complex commands	2 years	
Plays and interacts with others	2 years	
Toilet trained	3 years	

INVESTIGATIONS & MANAGEMENT

DIAGNOSIS:

BASELINE INVESTIGATIONS;

Bedside:

Bloods:

Imaging:

Other:

SPECIFIC INVESTIGATIONS:

TREATMENT / OPERATION PLAN:

INVESTIGATIONS & MANAGEMENT

FOLLOW UP - INVESTIGATION FINDINGS AND TREATMENT PLAN PERFORMED:

DISCHARGE PLANNING/POST OP CARE:

COMPLICATIONS:

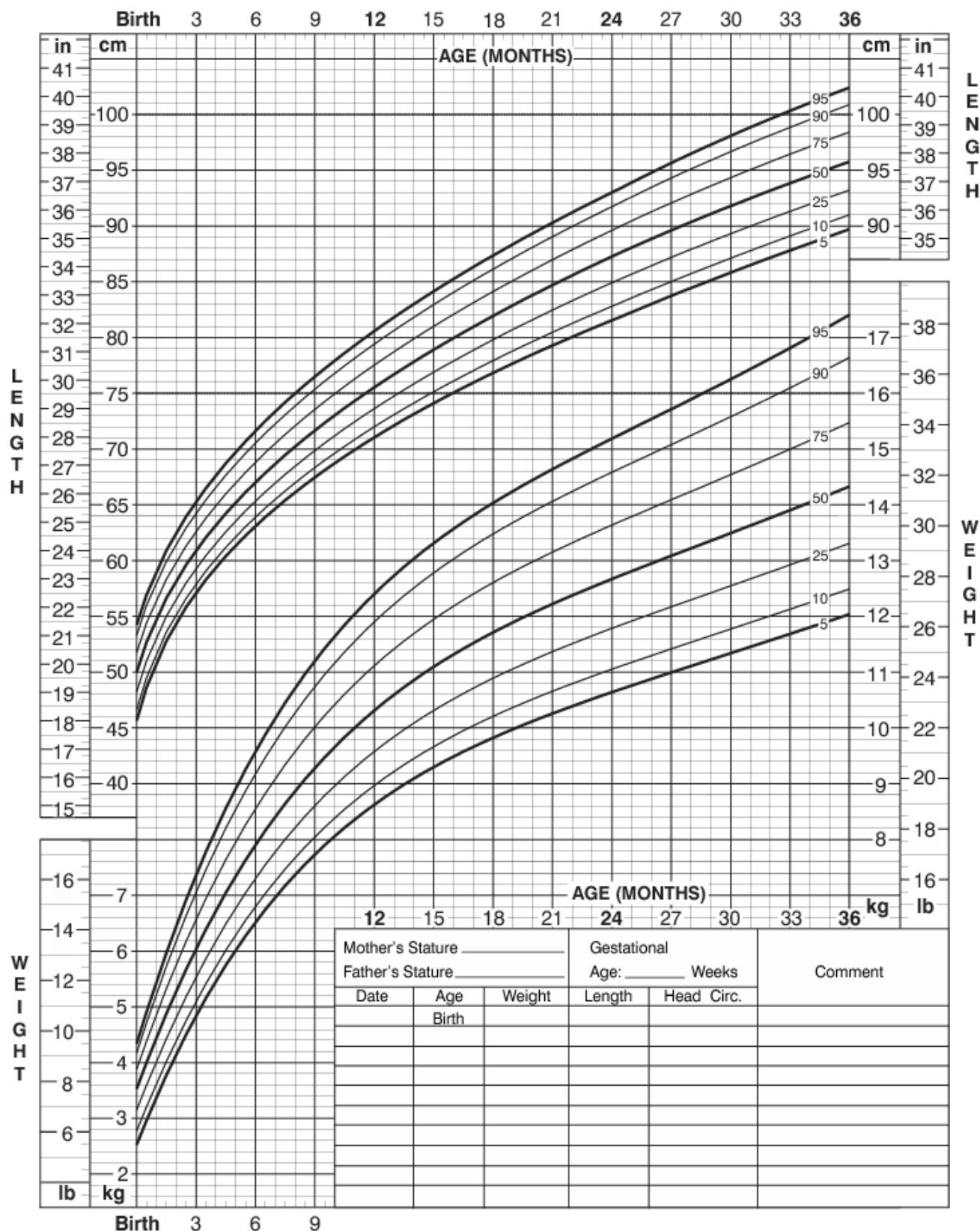
Doctor's Signature:.....

Name:.....

Birth to 36 months: Boys
Length-for-age and Weight-for-age percentiles

NAME _____

RECORD # _____



Published May 30, 2000 (modified 4/20/01).

SOURCE: Developed by the National Center for Health Statistics in collaboration with the National Center for Chronic Disease Prevention and Health Promotion (2000).
<http://www.cdc.gov/growthcharts>

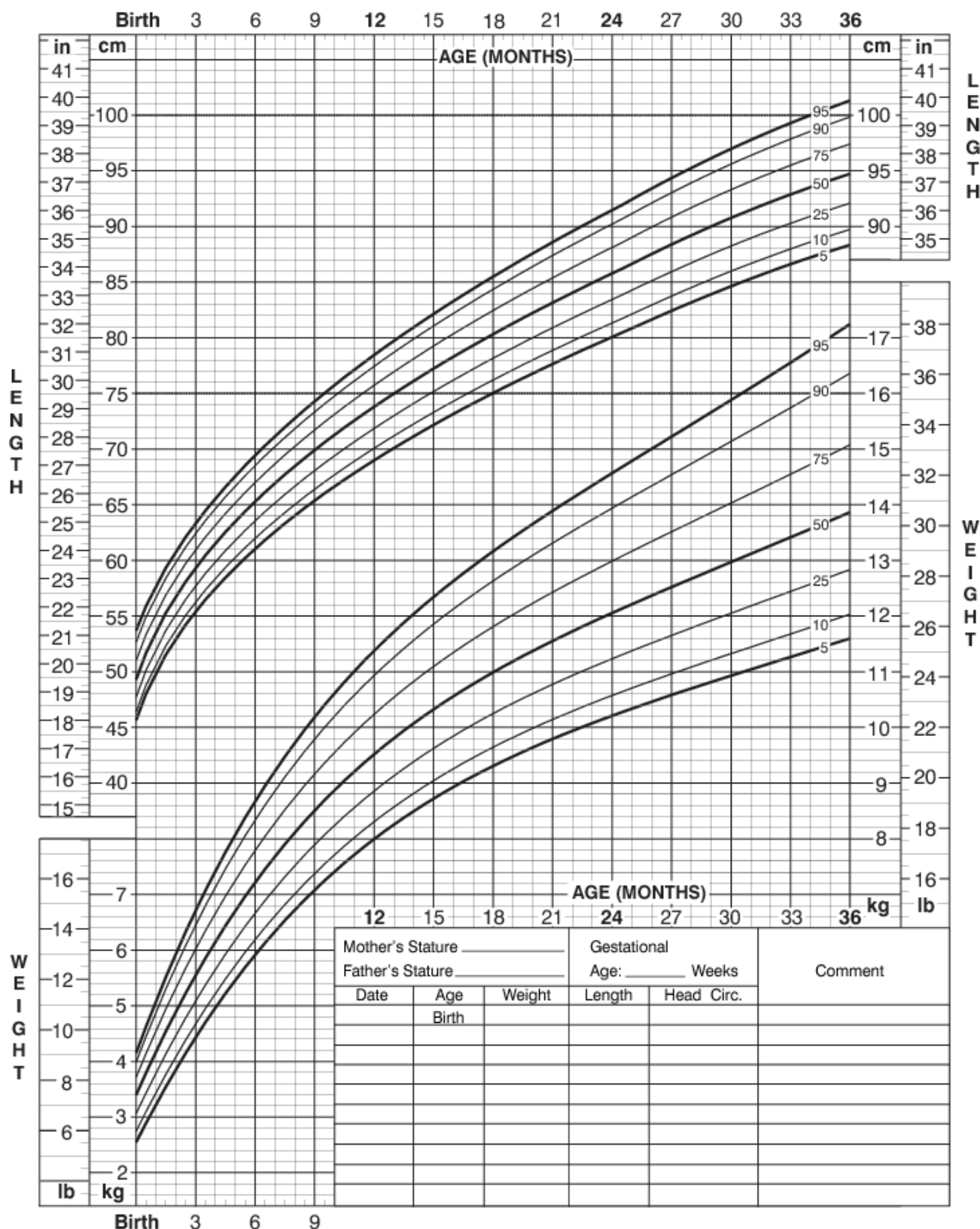


SAFER • HEALTHIER • PEOPLE™

Birth to 36 months: Girls
Length-for-age and Weight-for-age percentiles

NAME _____

RECORD # _____



Published May 30, 2000 (modified 4/20/01).

SOURCE: Developed by the National Center for Health Statistics in collaboration with the National Center for Chronic Disease Prevention and Health Promotion (2000).
<http://www.cdc.gov/growthcharts>



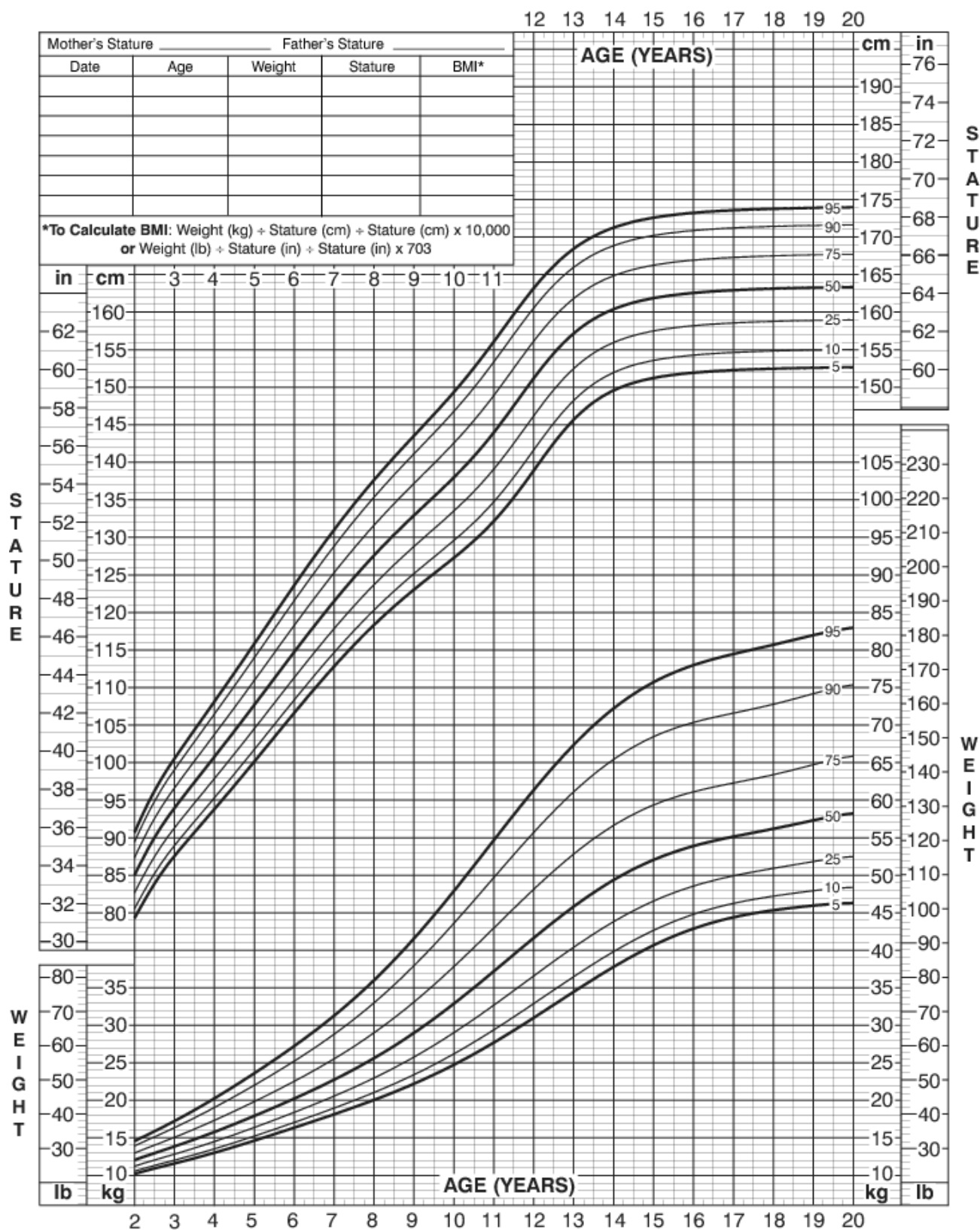
SAFER • HEALTHIER • PEOPLE™

2 to 20 years: Girls

Stature-for-age and Weight-for-age percentiles

NAME _____

RECORD # _____



Published May 30, 2000 (modified 11/21/00).

SOURCE: Developed by the National Center for Health Statistics in collaboration with the National Center for Chronic Disease Prevention and Health Promotion (2000).
<http://www.cdc.gov/growthcharts>



SAFER • HEALTHIER • PEOPLE™

4th Year PAEDIATRICS DEPARTMENT : Mini-Cex

Patient Name:		Diagnosis:			Date:	
Competencies		EXPECTED LEVEL OF COMPETENCE 1. Below Expectation 2. Adequate 3. Excellent			Teacher to sign & date	
History / Exam / Management Plan		Below expectation	Adequate	Excellent	Sign	Date
1	Obtain comprehensive history after introduction and informed consent, asking relevant questions in order to reach a history based differential diagnosis.					
2	Perform complete physical examination, with detailed examination of the involved organ System					
3	Skillfully present patient history, physical examination findings in a systematic, coherent and concise manner, which addresses the chief complaint/problem, identifies pertinent positive and negative findings and reach a logical conclusion.					
4	Arrange a focused list of differential diagnosis					
5	Prepare a diagnostic plan, selecting investigations appropriate for the Patient.					
Good points						
Suggestions for improvement						
Sign/ Date						

PAEDIATRICS DEPARTMENT

S. No	Date	Competencies	Level					HOD/Focal Person Signature	
			A: Observer status B: Assistant status C: Performed part of the procedure under supervision D: Performed whole procedure under supervision E: Independent performance						
			A	B	C	D	E		
64.		History taking from a patient in medical unit							
65.		General physical examination							
		• Pulse							
		• BP							
		• Temperature							
		• Respiratory rate							
		• Others (specify)							
66.		Systemic examination							
		• GIT • CVS • Respiratory system • Nervous system • Other (specify)							
67.		Pulse Oximeter placement							
68.		Nasogastric tube insertion							
69.		Foley`s catheter insertion							
70.		Fluid aspirations							
		• Ascitic:							
		• Pleural:							
		• CSF:							
		• Joint fluid:							
		• Others (specify							

Doctor's Signature:.....

Name:.....

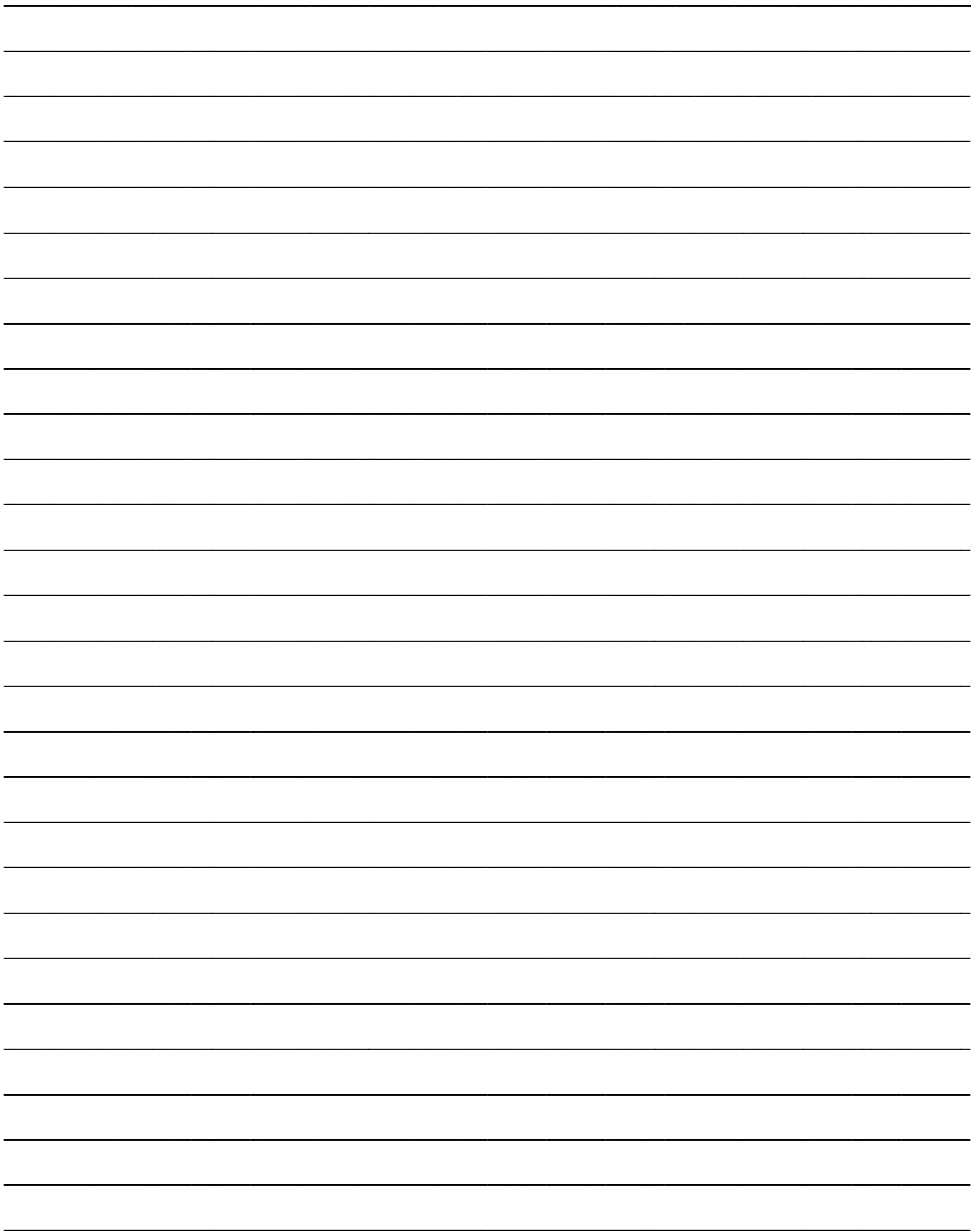
GENERAL SURGERY CLINICAL PLACEMENT REFLECTION

1. Description of what happened.)

[illegible]

2. What are your reflections & Learning from the experience?

[illegible]



3. Action plan? when I visit a ward again?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Clinical Placement Feedback

(To be filled by specified departmental personnel)

Name of student: _____

Professional attitude on placement? Y ☐ N ☐

Maintaining Dress Code on placement? Y ☐ N ☐

Progress seen during placement? Y ☐ N ☐

Any feedback, comments, concerns:

HAS STUDENT ATTENDANCE BEEN SATISFACTORY ? YES NO

Supervisor Name:

Signature:

Stamp:

For DME Use;

Name of Student _____

Date of submission of Portfolio _____

Attendance record certificate signed; **Yes/No**

Daily Logs complete: **Yes / No**

Signature of Assistant Professor DME _____